

Lesson: Waldon's Anti-bullying Expectations

1. Divide students into small groups.
2. Print a copy of the journal and questions on the following page (one copy per the number of groups you will have).
3. In each group...
 - a. have a student read allowed the journal entry to the other group members.
 - b. have students discuss the three questions that follow
4. As a class, after reading and discussing as a small group, have students share their responses with the whole class (specifically questions 2 and 3).

After reading and discussing the journal entry, post Waldon's 4 Anti-bullying Rules for the class to see. As a class, have students explain what they think the rules look like in action.

The four rules:

1. I will not bully others.
2. I will try to help students who are bullied.
(What are strategies the students can do to help somebody being bullied?)
3. I will try to include students who are left out.
(Where do students usually see somebody left out? What can they do about it?)
4. If I know that somebody is being bullied, I will tell an adult at school and an adult at home.
(Who would they go tell at school? How would they tell them – go tell them personally or email? Why is this sometimes hard to do?)

Serena's Journal Entry

This is my journal and we're supposed to write about what bullying is. I think bullying is when someone is mean to someone else and knows he can get away with it. There are kids that no one would ever bully because they're big or they're really popular. I'm really popular and I've never been bullied. I don't think anyone would ever do that to me.

I'm not sure what you can do about kids who bully. It seems like some kids are just asking for it, but it still doesn't seem right. I think it's just something kids do and they don't do it when they grow up. It's like when I talk to my mom about one of my friends in our group and that we don't like her anymore and stuff like that, my mom is always saying how kids are so mean to each other. I don't think they can really make laws about that, can they? I can't believe it—I just saw Allie and J.T. look at each other!



Discussion Questions:

1. What does Serena think bullying is?
2. Why do you think some kids bully other kids?
3. Is there a difference between being mean to someone and bullying someone? Explain why you think there is or isn't.